



RESTAURANT NUTRITIONAL INFORMATION



NUTRITIONAL INFORMATION

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Appetizers													
Backyard Nachos	as served	1	1779	918	75	102	16	1	218	179	21	59	1021
Bacon Queso	as served	1	1144	738	37	82	28	0	101	83	11	5	2237
Buffalo Tots	as served	1	1300	1071	14	119	27	0	50	80	9	0	2862
Buffalo Wings*	as served	1	1845	1458	116	162	38	0	741	5	1	4	3662
Chili Bowl	as served	1	451	234	57	26	12	1	78	35	8	14	1874
Chili Cup	as served	1	368	207	45	23	10	1	68	26	6	11	1453
Daddys Nachos	as served	1	1595	981	80	109	41	2	188	121	21	16	4247
Daddy's Sliders	as served	1	722	387	136	43	14	3	121	54	4	11	2190
Devised Eggs	as served	1	494	279	12	31	7	3	251	44	3	13	1271
French Fries	as served	1	499	243	8	27	4	0	14	69	5	9	723
Fried Pickles	as served	1	938	756	6	84	18	0	56	55	2	19	6157
Green Chile Cheese Tots*	as served	1	1408	1125	19	125	29	1	56	91	9	3	2605
Onion Rings	as served	1	1137	801	12	89	16	0	50	98	8	14	2314
Sweet Potato Fries	as served	1	592	360	4	40	9	0	22	63	8	17	1304
Tater Tots	as served	1	949	774	4	86	14	0	14	66	7	7	1532
Thai Wings	as served	1	1577	972	117	108	26	0	694	53	3	46	2073
Truffle Fries	as served	1	548	288	10	32	6	0	28	68	5	3	1031
Housemade Chips	as served	1	1093	900	8	100	18	0	0	71	5	2	1662
Pimento Dip	as served	1	249	216	9	24	10	0	50	5	1	2	462
French Onion Dip	as served	1	152	117	3	13	7	0	33	9	1	4	559
French Onion and Pimento Dip	as served	1	401	324	12	36	16	1	83	14	2	6	1021
Salads													
BBQ Chicken Salad	as served	1	1044	486	45	54	10	0	116	121	22	49	3191
Stella Salad	as served	1	688	333	54	37	10	0	153	41	11	13	1371
Texican Salad	as served	1	1302	711	58	79	13	0	156	115	18	12	2293
Thai Salad	as served	1	1482	414	68	46	4	0	117	218	20	80	4442
Burgers													
Bacon Cheeseburger on Steroids	as served	1	1002	603	182	67	23	2	175	52	3	11	2431
Bad Ass Burger	as served	1	1643	1242	211	138	36	2	192	68	3	12	3291
Bad Daddy Philly	as served	1	1105	666	137	74	22	2	148	79	8	13	1935
BD All American	as served	1	627	288	133	32	10	2	99	52	3	12	1849
Fried Mozzarella Burger	as served	1	1032	522	151	58	20	2	217	82	4	14	1384
Jalapeno Popper Burger*	as served	1	843	414	144	46	18	2	143	67	4	16	1916
Magic Mushroom	as served	1	872	513	142	57	18	2	142	53	4	8	1035
Mamas Burger	as served	1	886	522	141	58	16	2	129	52	3	8	1411
Nicks Patty Melt	as served	1	955	630	140	70	19	3	145	52	7	9	1519
Pastrami Burger	as served	1	927	549	157	61	20	3	196	43	6	8	2229
Pittsburger	as served	1	917	414	145	46	17	2	130	86	5	16	1410

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Sam I Am	as served	1	1016	630	152	70	24	2	372	52	3	9	2196
Smokehouse Burger	as served	1	1119	558	157	62	21	2	176	93	7	26	1864
Southern Burger	as served	1	840	432	154	48	17	3	143	64	6	17	2003
Steakhouse Burger*	as served	1	861	477	53	53	17	2	137	61	4	15	1802
Western Burger	as served	1	931	450	41	50	10	1	104	91	7	23	1733

Non Burgers

Buffalo Chicken - Grilled	as served	1	756	396	54	44	16	1	182	48	3	9	3733
Buffalo Chicken- Fried	as served	1	1091	585	59	65	19	1	182	85	4	11	4658
Cantina - Fried	as served	1	1165	657	30	73	13	1	42	128	16	13	2229
Cantina - Grilled	as served	1	941	360	30	40	11	1	42	128	16	13	2229
Chicken Club	as served	1	867	522	79	58	14	2	169	42	2	4	3215
Emilios Chicken Sandwich	as served	1	1141	585	65	65	15	1	169	90	7	10	2544
Frenchie	as served	1	872	504	69	56	12	1	162	55	3	10	2198
Maui Tuna	as served	1	543	171	38	19	4	1	58	59	6	24	1980

Sides

Chili Cup - Side	as served	1	368	207	45	23	10	1	68	26	6	11	1453
Fries - Side	as served	1	499	243	8	27	4	0	14	69	5	9	723
Fruit Cup - Side	as served	1	146	9	2	1	0	0	0	39	4	32	18
House Slaw - Side	as served	1	142	99	2	11	1	0	9	13	3	8	260
Housemade Chips - Side	as served	1	314	189	4	21	4	0	0	35	2	1	831
Onion Rings - Side	as served	1	561	342	5	38	6	0	15	63	5	9	1210
Sweet Potato Fries - Side	as served	1	592	360	4	40	9	0	22	63	8	17	1304
Tater Tots - Side	as served	1	949	774	4	86	14	0	14	66	7	7	1532

Desserts

Banana Pudding	as served	1	794	297	10	33	21	0	43	132	6	95	540
Root Beer Float	as served	1	296	135	5	15	1	0	58	42		37	159

Non Alcoholic Shakes

Chocolate Shake	16oz	1	724	288	11	32	21	0	124	110	2	100	348
Chunky Elvis	16oz	1	901	414	16	46	23	0	124	125	5	103	410
Cookies and Cream Shake	16oz	1	831	378	13	42	24	0	124	116	2	87	540
PB&J Shake	16oz	1	1079	441	18	49	27	0	147	167	3	123	601
Snickers Shake	16oz	1	998	414	18	46	24	0	124	149	4	128	522
Strawberry Shake	16oz	1	719	288	11	32	21	0	124	115	1	103	318
Vanilla Shake	16oz	1	707	288	11	32	21	0	124	112	0	101	318

Happy Hour Portions

Amber Ale Queso - Happy Hour	as served	1	1013	639	32	71	24	0	76	82	11	5	1616
Buffalo Wings - Happy Hour	as served	1	581	369	58	41	12	1	347	26	0	0	326
Deviled Eggs - Happy Hour	as served	1	405	225	10	25	5	2	201	38	3	12	1066
Fried Pickles - Happy Hour	as served	1	466	378	3	42	9	9	28	27	1	9	2951
Green Chili Cheese Tots - Happy Hour	as served	1	1408	1125	19	125	29	1	56	91	9	3	2605
Thai Wings - Happy Hour	as served	1	789	486	58	54	14	0	347	26	1	23	1036
Fries - Happy Hour	as served	1	499	243	8	27	4	0	14	69	5	9	723
Albuquerque Slider	as served	1	340	162	18	18	5	1	51	33	3	6	1299

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Classic Slider	as served	1	240	126	45	14	5	1	40	18	1	4	730
Cuban Slider	as served	1	330	198	20	22	6	1	61	18	1	5	1175
Merica Slider	as served	1	299	180	45	20	5	1	46	20	1	6	1010
Nashville Slider	as served	1	574	216	20	24	3	1	38	82	3	42	1761
Pastrami Slider	as served	1	219	108	15	12	4	1	42	15	1	2	720

Kids Menu

Kid Bag Chips	as served	1	220	108	3	12	1	0	0	25	2	1	160
Kid 2 Chicken Tenders	as served	1	377	117	30	13	2	0	75	39	2	1	160
Kid Fries	as served	1	249	117	4	13	2	0	7	34	2	5	361
Kid Fruit	as served	1	73	0	1	0	0	0	0	20	2	16	9
Kid Gluten Free Chips	as served	1	209	108	3	12	1	0	0	25	2	1	160
Kid Grilled Cheese	as served	1	516	333	15	37	12	5	43	38	2	3	1340
Kid 2 Handbreaded Tenders	as served	1	377	117	30	13	2	0	75	39	2	1	970
Kid Hot Dog	as served	1	285	144	14	16	6	7	30	25	2	5	630
Kid Onion Rings	as served	1	187	81	2	9	3	0	0	26	2	5	312
Kid Slaw	as served	1	70	45	1	5	1	0	5	6	1	4	130
Kid Slider with Cheese	as served	1	220	126	45	14	5	1	40	14	1	2	671
Kid Soft Serve	as served	1	283	144	5	16	11	0	58	37	0	32	150
Kid Sweet Potato Fries	as served	1	295	180	2	20	4	0	11	32	4	9	652
Kid Tots	as served	1	475	387	2	43	7	0	7	33	4	4	766

CYO Burger Ingredients

10oz Beef Patty	1 Patty	1	400	243	169	27	11	1	135	0	0	0	1131
7oz Beef Patty	1 Patty	1	295	180	125	20	8	1	99	0	0	0	915
6oz Buffalo Patty	1 Patty	1	239	243	21	18	0	0	79	0	0	0	75
Grass Fed 6oz Beef Patty*	1 Patty	1	252	154	107	17	7	1	85	0	0	0	784
Buttermilk Fried Chicken	as served	1	522	234	43	26	5	0	112	37	2	2	1278
Chicken- Grilled	as served	1	188	45	37	5	1	0	112	1	0	0	353
Turkey Patty	as served	1	247	117	35	13	3	0	120	1	0	0	530
Black Bean Patty - Grilled	as served	1	354	18	15	2	1	0	4	75	10	4	1264
Black Bean Patty - Fried	as served	1	579	315	15	35	3	0	4	75	10	4	1264
Tuna Patty	as served	1	200	54	31	6	1	0	49	6	1	5	369
1000 Island	as served	1	92	90	0	10	1	0	21	2	0	1	145
American Cheese	as served	1	99	81	5	9	5	0	28	1	0	1	474
Apple Bacon BBQ Sauce	as served	1	59	9	1.3	1	0.3	0	3	13	1	9	367
Arugula	as served	1	4	0.81	0.4	0.09	0.012	0	0	0.52	0.2	0.29	4
Avocado	as served	1	67	63	1	7	1	0	0	4	3	0	3
Bacon - Applewood Smoked	as served	1	67	54	3	6	2	0	10	1	0	1	250
Bacon - Jalapeno	as served	1	57	45	5	5	2	0	15	0	0	0	446
Bacon Mayo	as served	1	104	99	1	11	2	0	13	1	0	0	211
Bad Daddy's Sauce	as served	1	118	90	1	10	1	0	9	8	1	5	291
BBQ Sauce	as served	1	57	0	1	0	0	0	0	15	1	10	400
Bleu Cheese	as served	1	128	108	9	12	8	0	45	0	0	0	420
Brie	as served	1	135	108	9	12	7	0	43	0	0	0	267
Brioche Bun	as served	1	295	108	7	12	2	1	0	43	2	6	383
Buffalo Sauce	as served	1	17	18	0	2	1		4	0	0	0	752
Buttermilk Fried Bacon	as served	1	671	639	6	71	14	0	11	17	1	3	614

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Chili	as served	1	117	72	15	8	3	0	23	8	1	3	484
Chipotle Ranch	as served	1	129	135	0	15	2	0	15	2	0	0	108
Cream Cheese	as served	1	76	63	2	7	5	0	20	2	0	1	125
Dijon Mustard	as served	1	17	9	0	1	0	0	0	2	0	0	296
Duke's Mayo	as served	1	95	99	0	11	2	0	10	1	0	0	75
Feta	as served	1	47	36	3	4	3	0	16	1	0	1	169
Fried Egg	as served	1	86	63	6	7	2	0	210	0	0	0	94
Fried Mozzarella	as served	1	305	144	18	16	9	0	109	25	1	0	447
Garlic Mayo	as served	1	189	189	0	21	3	0	18	3	0	0	134
Gluten Free Bun	as served	1	248	99	3	11	4	1	0	39	6	3	453
Grilled Apple	as served	1	11	0	0	0	0	0	0	3	1	2	0
Grilled Onion	as served	1	59	18	1	2	0	0	0	11	2	5	179
Guacamole	as served	1	35	27	0	3	0	0	0	2	2	0	145
Horsey Mayo	as served	1	207	162	1	18	2	0	15	17	4	10	688
Housemade American Cheese	as served	1	137	99	9	11	7	0	31	2	0	1	313
House Slaw	as served	1	65	36	1	4	1	0	3	8	2	5	214
Jalapeno	as served	1	10	0	1	0	0	0	0	2	1	1	600
Lettuce	as served	1	2	0	0	0	0	0	0	0	0	0	4
Lettuce Wrap	as served	1	8	0	1	0	0	0	0	2	1	1	6
Monterey Jack	as served	1	101	81	7	9	5	0	25	0	0	0	170
Mozzarella	as served	1	100	72	8	8	5	0	30	2	0	0	128
Multigrain Bun	as served	1	200	72	6	8	2	1	0	29	3	2	283
Mushrooms	as served	1	36	27	1	3	0	0	0	3	0	1	282
Onion	as served	1	5	0	0	0	0	0	0	1	0	0	0
Onion Straws	as served	1	235	108	4	12	2	0	0	32	4	7	545
Pablano Mayo	as served	1	106	108	0	12	2	0	10	2	0	0	194
Pastrami	as served	1	60	18	9	2	1	0	29	0	0	0	458
Peanut butter	as served	1	162	135	6	15	3	0	0	6	1	3	121
Pepper Jack Cheese	as served	1	102	81	7	9	5	0	27	0	0	0	173
Pesto	as served	1	118	117	1	13	1	0	0	1	0	0	67
Pickle	as served	1	9	0	0	0	0	0	0	2	0	2	510
Pimento Cheese	as served	1	168	144	6	16	6	0	33	4	0	2	337
Pineapple	as served	1	77	0	1	0	0	0	0	21	2	16	2
Pulled Pork	as served	1	133	81	13	9	3.5	0	50	1	0	1	270
Ranch	as served	1	170	171	1	19	7	0	38	2	0	1	82
Relish	as served	1	67	2.25	0.2	0.25	0.029	0	0	18.79	0.6	15.61	435
Rosemary Ham	as served	1	40	18	6	2	1	0	0	1	0	0	300
Rye Toast	as served	1	269	126	6	14	3	2	0	34	4	3	531
Spicy Garlic Ketchup	as served	1	27	0	0	0	0	0	0	5	0	5	226
Swiss	as served	1	105	81	8	9	5	0	26	0	0	0	53
Texas Toast	as served	1	272	117	8	13	2	2	0	36	2	2	523
Tomato	as served	1	8	0	0	0	0	0	0	2	0	0	2
Tomato Jam	as served	1	31	0	0	0	0	0	0	8	0	7	262
Truffle Aioli	as served	1	133	135	0	15	3	0	17	3	0	1	212
White Cheddar	as served	1	109	81	6	9	5	0	28	1	0	0	185
Wild Mushrooms	as served	1	46	18	2	2	0	0	0	7	1	1	233
Yellow Mustard	as served	1	18	9	1	1	0	0	0	2.21	0.9	0.81	318

CYO Salad Ingredients

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
6oz Buffalo Patty	as served	1	239	243	21	18	0	0	79	0	0	0	75
7oz Burger Patty	as served	1	295	180	125	20	8	1	99	0	0	0	915
Black Bean Patty - Grilled	as served	1	354	18	15	2	1	0	4	75	10	4	1264
Black Bean Patty - Fried	as served	1	579	315	15	35	3	0	4	75	10	4	1264
Chicken - Buttermilk Fried	as served	1	522	234	43	26	5	0	112	37	2	2	1278
Chicken - Grilled	as served	1	188	45	37	5	1	0	112	1	0	0	353
Chicken Tenders	as served	1	262	126	19	14	2	0	33	20	1	0	759
Tuna Patty	as served	1	200	54	31	6	1	0	49	6	1	5	369
Turkey Patty	as served	1	247	117	35	13	3	0	120	1	0	0	530
1000 Island 1 fl oz	side salad	1	123	117	1	13	2	0	27	2	0	1	193
1000 Island 2 fl oz	small salad	1	246	243	1	27	4	0	55	5	0	1	387
1000 Island 3 fl oz	large salad	1	369	360	2	40	6	0	82	7	1	2	580
American Cheese 2 fl oz	small salad	1	119	90	6	10	6	0	34	2	0	1	568
American Cheese 3oz	large salad	1	178	144	9	16	9	1	51	2	0	1	853
Apple 2 fl oz	small salad	1	22	0	0	0	0	0	0	6	1	4	3
Apple 4 fl oz	large salad	1	45	0	0	0	0	0	0	11	2	8	5
Avocado 0.25e	small salad	1	67	63	1	7	1	0	0	4	3	0	3
Avocado 0.5e	large salad	1	135	117	2	13	2	0	0	7	6	0	7
Avocado Ranch 1 fl oz	side salad	1	189	189	1	21	7	0	35	4	1	1	83
Avocado Ranch 2 fl oz	small salad	1	378	369	3	41	14	1	70	8	3	2	166
Avocado Ranch 3 fl oz	large salad	1	568	558	4	62	21	1	105	11	4	4	249
Bacon Crumb 0.5 fl oz	side salad	1	17	14	1	2	1	0	3	0	0	0	63
Bacon Crumb 1 fl oz	small salad	1	33	27	2	3	1	0	5	1	0	1	125
Bacon Crumb 2 fl oz	large salad	1	67	54	3	6	2	0	10	1	0	1	250
Balsamic Vinaigrette 1 fl oz	side salad	1	59	27	0	3	1	0	3	7	0	7	195
Balsamic Vinaigrette 2 fl oz	small salad	1	117	54	1	6	1	0	7	15	0	14	391
Balsamic Vinaigrette 3 fl oz	large salad	1	176	81	1	9	2	0	10	22	0	21	586
BBQ Ranch 1 fl oz	side salad	1	157	153	1	17	6	0	31	4	0	2	134
BBQ Ranch 2 fl oz	small salad	1	314	306	2	34	11	0	62	7	0	4	268
BBQ Ranch 3 fl oz	large salad	1	471	459	3	51	17	1	92	11	0	6	402
Black Bean 1 fl oz	side salad	1	32	0	2	0	0	0	0	7	2	0	127
Black Bean 2 fl oz	small salad	1	65	0	4	0	0	0	0	13	3	1	255
Black Bean 4 fl oz	large salad	1	129	9	8	1	0	0	0	26	7	1	510
Black Olive 0.5 fl oz	side salad	1	9	9	0	1	0	0	0	1	0	0	74
Black Olive 1 fl oz	small salad	1	17	18	0	2	0	0	0	1	1	0	149
Black Olive 2 fl oz	large salad	1	34	27	0	3	0	0	0	2	1	0	297
Blue Cheese Crumble 0.5 fl oz	side salad	1	43	36	3	4	3	0	15	0	0	0	140
Blue Cheese Crumble 1 fl oz	small salad	1	86	72	6	8	5	0	30	0	0	0	280
Blue Cheese Crumble 2 fl oz	large salad	1	171	144	12	16	10	0	60	0	0	0	560
Blue Cheese Dressing 1 fl oz	side salad	1	133	135	0	15	2	0	10	1	0	1	1
Blue Cheese Dressing 2 fl oz	small salad	1	266	270	0	30	4	0	20	2	0	2	2
Blue Cheese Dressing 3 fl oz	large salad	1	399	405	0	45	6	0	30	3	0	3	3
Blueberry 1 fl oz	side salad	1	15	0	0	0	0	0	0	4	1	3	0
Blueberry 2 fl oz	small salad	1	30	0	0	0	0	0	0	8	1	6	1
Blueberry 3 fl oz	large salad	1	46	0	1	0	0	0	0	12	2	8	1
Brie 1 fl oz	side salad	1	72	54	5	6	4	0	23	0	0	0	143
Brie 2 fl oz	small salad	1	143	117	9	13	8	0	45	0	0	0	285
Brie 3 fl oz	large salad	1	216	171	14	19	12	0	68	0	0	0	428
Broccoli 3e	side salad	1	23	0	2	0	0	0	0	5	2	1	1619

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Broccoli 5e	small salad	1	34	0	3	0	0	0	0	7	3	2	2429
Broccoli 7e	large salad	1	43	0	4	0	0	0	0	9	3	2	44
Caesar Dressing 1 fl oz	side salad	1	139	135	1	15	2	0	15	3	0	0	270
Caesar Dressing 2 fl oz	small salad	1	278	279	2	31	5	0	30	5	0	1	541
Caesar Dressing 3 fl oz	large salad	1	417	414	3	46	7	0	45	8	1	1	811
Carrot 1 fl oz	side salad	1	4	0	0	0	0	0	0	1	0	0	7
Carrot 2 fl oz	small salad	1	8	0	0	0	0	0	0	2	1	1	13
Carrot 4 fl oz	large salad	1	15	0	0	0	0	0	0	4	1	2	27
Chick Peas 1 fl oz	side salad	1	32	0	2	0	0	0	0	6	2	1	4
Chick Peas 2 fl oz	small salad	1	64	0	4	0	0	0	0	11	3	2	8
Chick Peas 4 fl oz	large salad	1	128	0	8	0	0	0	0	23	6	4	16
Chipotle Ranch 1 fl oz	side salad	1	129	135	0	15	2	0	15	2	0	0	108
Chipotle Ranch 2 fl oz	small salad	1	257	261	1	29	4	0	29	4	0	1	216
Chipotle Ranch 3 fl oz	large salad	1	387	396	1	44	7	0	44	5	0	1	324
Corn 1 fl oz	side salad	1	16	0	1	0	0	0	0	4	1	1	1
Corn 2 fl oz	small salad	1	33	0	1	0	0	0	0	8	1	1	2
Corn 4 fl oz	large salad	1	67	9	2	1	0	0	0	17	2	2	4
Croutons 0.25c	side salad	1	96	63	1	7	4	0	15	8	0	1	113
Croutons 0.5c	small salad	1	192	126	3	14	8	0	30	17	1	2	226
Croutons 0.75c	large salad	1	288	189	4	21	11	0	46	25	1	3	339
Cucumber 1 fl oz	side salad	1	2	0	0	0	0	0	0	0	0	0	0
Cucumber 2 fl oz	small salad	1	4	0	0	0	0	0	0	1	0	1	1
Cucumber 4 fl oz	large salad	1	8	0	1	0	0	0	0	2	1	1	2
Edamame 1 fl oz	side salad	1	22	9	2.3	1	0	0	0	2	1	0.5	1
Edamame 2 fl oz	small salad	1	45	18	5	2	0	0	0	3	2	0.8	2
Edamame 4 fl oz	large salad	1	90	36	9	4	0.5	0	0	7	4	1.6	5
Fat Free Ranch 1 fl oz	side salad	1	31	9	0	1	0	0	2	7	0	1	251
Fat Free Ranch 2 fl oz	small salad	1	64	9	0	1	0	0	4	15	0	3	501
Fat Free Ranch 3 fl oz	large salad	1	95	18	0	2	0	0	6	22	0	4	752
Feta 1 fl oz	side salad	1	47	36	3	4	3	0	16	1	0	1	169
Feta 2 fl oz	small salad	1	92	72	5	8	6	0	33	2	0	2	338
Feta 3 fl oz	large salad	1	139	108	8	12	8	0	49	2	0	2	507
Grapes 10e	small salad	1	45	0	0	0	0	0	0	12	1	12	1
Grapes 16e	large salad	1	72	0	1	0	0	0	0	19	1	18	2
Grapes 6e	side salad	1	27	0	0	0	0	0	0	7	0	7	1
Greek Vinagarette 1 fl oz	side salad	1	70	63	1	7	1	0	4	3	0	2	114
Greek Vinagarette 2 fl oz	small salad	1	140	117	2	13	2	0	9	5	0	4	227
Greek Vinagarette 3 fl oz	large salad	1	210	180	2	20	3	0	13	8	1	6	341
Green Onion 1 fl oz	side salad	1	8	0	0	0	0	0	0	2	1	1	4
Green Onion 2 fl oz	small salad	1	14	0	1	0	0	0	0	3	1	2	9
Green Onion 3 fl oz	large salad	1	22	0	1	0	0	0	0	5	2	3	13
Honey Mustard 1 fl oz	side salad	1	116	108	0	12	1	0	10	7	0	7	125
Honey Mustard 2 fl oz	small salad	1	232	207	0	23	3	0	19	13	0	13	250
Honey Mustard 3 fl oz	large salad	1	348	315	0	35	4	0	29	20	0	20	375
Iceberg Lettuce - large salad	large salad	1	14	0	1	0	0	0	0	3	1	2	10
Iceberg Lettuce - side salad	side salad	1	10	0	1	0	0	0	0	2	1	1	7
Iceberg Lettuce - small salad	small salad	1	12	0	1	0	0	0	0	3	1	2	10
Jalapeno 0.5 fl oz	side salad	1	3	0	0	0	0	0	0	1	0	0	167
Jalapeno 1 fl oz	small salad	1	6	0	1	0	0	0	0	1	1	1	333

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Jalapeno 1.5 fl oz	large salad	1	8	0	1	0	0	0	0	2	1	1	500
Kalamata Olives 0.5 Oz	side salad	1	10	9	0	1	0	0	0	1	0	0	61
Kalamata Olives 1 fl oz	small salad	1	19	18	0	2	0	0	0	1	0	0	123
Kalamata Olives 2 fl oz	large salad	1	38	36	0	4	1	0	0	2	1	0	247
Lime Vinaigrette 1 fl oz	side salad	1	110	108	1	12	1	0	0	2	0	2	230
Lime Vinaigrette 2 fl oz	small salad	1	219	207	1	23	2	0	0	4	1	3	461
Lime Vinaigrette 3 fl oz	large salad	1	330	315	1	35	3	0	0	6	1	5	691
Mandarin 2 fl oz	side salad	1	21	0	0	0	0	0	0	5	1	5	3
Mandarin 3 fl oz	small salad	1	30	0	1	0	0	0	0	8	1	7	4
Mandarin 4 fl oz	large salad	1	41	0	1	0	0	0	0	11	1	9	6
Mixed Greens - large salad	large salad	1	16	0	3	0	0	0	0	3	2	0	8
Mixed Greens - side salad	side salad	1	5	0	1	0	0	0	0	1	1	0	3
Mixed Greens - small salad	small salad	1	9	0	1	0	0	0	0	1	1	0	4
Monterey Jack 1 fl oz	side salad	1	60	45	4	5	3	0	15	0	0	0	102
Monterey Jack 2 fl oz	small salad	1	121	90	8	10	6	0	30	0	0	0	204
Monterey Jack 3 fl oz	large salad	1	181	135	12	15	10	0	45	0	0	0	306
Mozzarella 1 fl oz	side salad	1	53	36	4	4	2	0	16	1	0	0	68
Mozzarella 2 fl oz	small salad	1	106	72	8	8	5	0	32	2	0	0	136
Mozzarella 3 fl oz	large salad	1	160	108	12	12	7	0	48	2	0	0	204
Mushroom 2 fl oz	small salad	1	11	0	1	0	0	0	0	2	0	1	3
Mushroom 4 fl oz	large salad	1	24	0	3	0	0	0	0	5	1	2	7
Napa Cabbage 3 fl oz	side salad	1	22	0	1	0	0	0	0	5	2	3	17
Napa Cabbage 4.5 fl oz	small salad	1	33	0	2	0	0	0	0	8	4	5	25
Napa Cabbage 6.4 fl oz	large salad	1	48	0	3	0	0	0	0	12	5	6	36
Oil & Vinager 1 fl oz	side salad	1	14	0	0	0	0	0	0	2	0	2	3
Oil & Vinager 2 fl oz	small salad	1	28	0	0	0	0	0	0	5	0	4	7
Oil & Vinager 3 fl oz	large salad	1	42	9	0	1	0	0	0	7	0	6	10
Parmesan 1 fl oz	side salad	1	36	18	3	2	2	0	7	0	0	0	132
Parmesan 2 fl oz	small salad	1	71	45	7	5	3	0	13	1	0	0	264
Parmesan 3 fl oz	large salad	1	107	63	10	7	5	0	20	1	0	0	395
Peanut Soy Dressing 1 fl oz	side salad	1	146	126	2	14	2	0	0	0	0	4	386
Peanut Soy Dressing 2 fl oz	small salad	1	292	252	4	28	4	0	0	1	1	9	772
Peanut Soy Dressing 3 fl oz	large salad	1	438	378	6	42	6	0	0	1	1	13	1158
Peanuts 0.5 fl oz	small salad	1	51	45	2	5	1	0	0	2	1	0	38
Peanuts 1 fl oz	large salad	1	103	81	4	9	1	0	0	4	2	1	76
Pecans 0.5 fl oz	small salad	1	61	63	1	7	1	0	0	1	1	0	0
Pecans 1 fl oz	large salad	1	121	117	2	13	1	0	0	3	2	1	0
Pepper Jack 1 fl oz	side salad	1	61	54	4	6	3	0	16	0	0	0	104
Pepper Jack 2 fl oz	small salad	1	122	99	8	11	6	0	32	0	0	0	208
Pepper Jack 3 fl oz	large salad	1	182	153	12	17	10	0	48	0	0	0	312
Pepperoncini 2 fl oz	as served	1	19	0	0	0	0	0	0	2	0	0	560
Pepperoncini 3 fl oz	as served	1	29	0	0	0	0	0	0	3	0	0	840
Pepperoncini 1 fl oz	as served	1	10	0	0	0	0	0	0	1	0	0	280
Pineapple 1e	side salad	1	4	0	0	0	0	0	0	1	0	1	0
Pineapple 2e	small salad	1	9	0	0	0	0	0	0	2	0	2	0
Pineapple 3e	large salad	1	13	0	0	0	0	0	0	4	0	3	0
Radish 1 fl oz	side salad	1	5	0	0	0	0	0	0	1	0	1	11
Radish 2 fl oz	small salad	1	9	0	0	0	0	0	0	2	1	1	22
Radish 3 fl oz	large salad	1	13	0	1	0	0	0	0	3	1	2	33

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Ranch 1 fl oz	side salad	1	115	117	0	13	3	0	19	2	0	1	77
Ranch 2 fl oz	small salad	1	229	234	1	26	6	0	37	3	0	1	155
Ranch 3 fl oz	large salad	1	344	342	1	38	10	0	56	5	0	2	232
Red Onion 0.5 fl oz	side salad	1	6	0	0	0	0	0	0	1	0	1	1
Red Onion 1 fl oz	small salad	1	10	0	0	0	0	0	0	3	0	1	1
Red Onion 2 fl oz	large salad	1	22	0	1	0	0	0	0	5	1	2	2
Red Pepper 10e	large salad	1	10	0	0	0	0	0	0	2	0	0	2
Red Pepper 5e	small salad	1	5	0	0	0	0	0	0	1	0	0	1
Red Pepper 7e	side salad	1	7	0	0	0	0	0	0	1	0	0	1
Romaine - large salad	large salad	1	30	9	2	1	0	0	0	6	4	2	15
Romaine - side salad	side salad	1	12	0	1	0	0	0	0	3	2	1	6
Romaine - small salad	small salad	1	23	0	2	0	0	0	0	5	3	2	11
Shredded Cheddar 1 fl oz	side salad	1	66	54	4	6	3	0	17	1	0	0	111
Shredded Cheddar 2 fl oz	small salad	1	131	108	8	12	6	0	34	1	0	0	222
Shredded Cheddar 3 fl oz	large salad	1	197	162	12	18	9	0	51	3	0	0	333
Spinach - large salad	large salad	1	7	0	1	0	0	0	0	1	1	0	26
Spinach - side salad	side salad	1	6	0	1	0	0	0	0	1	1	0	20
Spinach - small salad	small salad	1	6	0	1	0	0	0	0	1	1	0	20
Strawberry 12e	large salad	1	28	0	1	0	0	0	0	7	2	4	1
Strawberry 4e	side salad	1	10	0	0	0	0	0	0	2	1	1	0
Strawberry 8e	small salad	1	18	0	0	0	0	0	0	5	1	3	1
Swiss 1 fl oz	side salad	1	64	45	5	5	3	0	16	0	0	0	32
Swiss 2 fl oz	small salad	1	127	99	9	11	6	0	32	0	0	0	64
Swiss 3 fl oz	large salad	1	191	144	14	16	9	1	47	1	0	0	95
Tomato 1 fl oz	side salad	1	2	0	0	0	0	0	0	0	0	0	1
Tomato 2 fl oz	small salad	1	4	0	0	0	0	0	0	1	0	0	1
Tomato 4 fl oz	large salad	1	8	0	0	0	0	0	0	2	0	0	2
Tortillas 0.5c	side salad	1	79	36	1	4	1	0	0	11	1	1	5
Tortillas 1c	small salad	1	158	72	2	8	1	0	0	21	3	2	10
Walnuts 0.5 fl oz	large salad	1	53	53	1	6	1	0	0	1	1	0	0
Walnuts 1 Oz	as served	1	105	99	3	11	1	0	0	2	1	0	0
White Cheddar 1 fl oz	side salad	1	66	54	4	6	3	0	17	1	0	0	111
White Cheddar 2 fl oz	small salad	1	130	99	8	11	6	0	34	1	0	0	222
White Cheddar 3 fl oz	large salad	1	196	153	12	17	10	0	51	2	0	0	333
Wontons 0.5c	small salad	1	37	0	1	0	0	0	1	8	0	0	76
Wontons 1c	large salad	1	74	0	3	0	0	0	2	15	0	0	153

CYO Shake Ingredients													
Banana - Fruit	1 each	1	76	0	1	0	0	0	0	19	2	10	1
Banana - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Blackberry - Fruit	1 each	1	24	0	1	0	0	0	0	5	3	3	1
Blueberry - Fruit	1 cup	1	32	0	0	0	0	0	0	8	1	6	1
Caramel	1 each	1	200	0	0	0	0	0	0	52	0	40	240
Caramel - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Chocolate	1 each	1	160	0	0	0	0	0	0	36	2	36	30
Frosted Mint - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Ghirardelli	1 each	1	160	0	0	0	0	0	0	36	2	36	30
Graham Crackers	1 each	1	122	27	2	3	0	0	0	22	1	7	130

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Grape Jelly	1 each	1	204	0	0	0	0	0	0	53	1	39	24
Malt	1 each	1	14	0	1	0	0	0	1	2	0	2	22
Orange - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Oreos	1 each	1	274	99	2	11	3	0	0	42	2	23	221
Peanut Butter	1 each	1	96	72	4	8	2	0	0	4	1	2	68
Peanuts	1 each	1	83	63	3	7	1	0	0	3	1	1	58
Pineapple - Fruit	1 each	1	57	0	1	0	0	0	0	15	2	11	1
Raspberry - Fruit	1 each	1	29	0	1	0	0	0	0	7	4	3	1
Raspberry - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Sprinkles	1 each	1	142	63	0	7	7	0	0	21	0	21	0
Strawberry - Fruit	1 each	1	156	0	0	0	0	0	0	40	1	39	0
Strawberry - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Vanilla - Syrup	1 each	1	95	0	0	0	0	0	0	25	0	25	0
Vanilla Shake Base	16oz	1	744	288	11	32	21	0	124	112	0	101	318
Walnuts	1 each	1	93	81	2	9	1	0	0	2	1	0	0

Beverages

Coffee	1 each	1	0	0	0	0	0	0	0	0	0	0	1
Decaf Coffee	1 each	1	0	0	0	0	0	0	0	0	0	0	1
Fresh Lemonade	1 each	1	333	0	0	0	0	0	0	111	5	105	13
Straw Lemonade	1 each	1	343	0	1	0	0	0	0	103	5	96	8
Hot Tea	as served	1	0	0	0	0	0	0	0	0	0	0	0
Iced Tea	as served	1	0	0	0	0	0	0	0	0	0	0	0
Sweet Tea	as served	1	179	0	0	0	0	0	0	46	0	46	2
Water	as served	1	0	0	0	0	0	0	0	0	0	0	0
Soda Water	as served	1	0	0	0	0	0	0	0	0	0	0	0
Sparkling Water	as served	1	0	0	0	0	0	0	0	0	0	0	0
Kids Milk	10 oz	1	120	89	15.3	3	1.7	1	14	14	0	15	124
Kids Orange Juice	10 oz	1	129	0	0	0	0	0	0	30	0	23	3
Kids Apple Juice	10 oz	1	129	0	0	0	0	0	0	32	0	27	11
Coke®	16oz	1	190	0	0	0	0	0	0	52	0	52	60
Coke Zero®	16oz	1	0	0	0	0	0	0	0	0	0	0	40
Diet Coke®	16oz	1	0	0	0	0	0	0	0	0	0	0	40
Diet Dr Pepper®	16oz	1	0	0	0	0	0	0	0	0	0	0	38
Dr Pepper®	16oz	1	250	0	0	0	0	0	0	67	0	67	80
Mr Pibb®	16oz	1	190	0	0	0	0	0	0	52	0	52	53
Sprite®	16oz	1	190	0	0	0	0	0	0	51	0	51	85
Diet Pepsi®	16oz	1	0	0	0	0	0	0	0	0	0	0	35
Pepsi®	16oz	1	200	0	0	0	0	0	0	55	0	55	40
Mist Twist®	16oz	1	190	0	0	0	0	0	0	52	0	52	45
Mountain Dew®	16oz	1	230	0	0	0	0	0	0	62	0	62	85
Seagrams® Ginger Ale	16oz	1	168	0	0	0	0	0	0	45	0	45	52
Abita® Root Beer	16oz	1	236	0	0	0	0	0	0	59	0	51	21
Barqs® Root Beer	16oz	1	215	0	0	0	0	0	0	60	0	60	93
Mug® Root Beer	16oz	1	200	0	0	0	0	0	0	52	0	52	30
HIC® Fruit Punch	as served	1	240	0	0	0	0	0	0	32	0	32	0

Signature Cocktails and Alcoholic Shakes

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Bad Betty	as served	1	207	0	0	0	0	0	0	30	0	23	8
Bad Ass Margarita	as served	1	516	0	0	0	0	0	0	63	0	57	40
Daddy's Bloody Mary	as served	1	318	90	16	10	4	0	35	8	0	5	3780
Daddy's Dragonberry	as served	1	406	0	1	0	0	0	0	70	2	63	23
Daddy's Mule	as served	1	240	0	0	0	0	0	0	32	1	29	1
Mama's Margarita	as served	1	404	0	0	0	0	0	0	73	1	66	22
Moscow Mule	as served	1	240	0	0	0	0	0	0	32	1	29	1
Paradise Mule	as served	1	256	0	0	0	0	0	0	36	0	35	9
Shoo Fly Punch	as served	1	279	0	1	0	0	0	0	35	1	24	27
Moonshine Limeade	as served	1	276	0	1	0	0	0	0	63	2	52	5
Moonshine Mule	as served	1	211	0	1	0	0	0	0	42	3	31	1
Whiskey Smash	as served	1	251	0	1	0	0	0	0	40	2	36	5
Lovely Rita	as served	1	344	0	0	0	0	0	0	55	1	49	17
The Castaway	as served	1	397	0	0	0	0	0	0	81	1	70	40
Disco Lemonade	as served	1	456	0	1	0	0	0	0	84	1	77	28
Parched Dragon	as served	1	398	0	1	0	0	0	0	68	2	61	23
Pineapple Mellon Fusion	as served	1	397	0	0	0	0	0	0	81	1	70	40
Dragon Driver	as served	1	202	0	1	0	0	0	0	15	0	13	0
Orange Cream Milkshake	as served	1	886	270	10	30	20	0	115	110	0	100	299
Mudslide Milkshake	as served	1	912	369	13	41	27	0	152	124	1	107	417
Nitro B&B Milkshake	as served	1	795	243	9	27	18	0	106	118	1	95	460

Wine

Woodbridge Malbec	1 glass	1	122	0	<1	0	0	0	0	3	0	<1	6
The Seeker Red Blend	1 glass	1	125	0	<1	0	0	0	0	3	0	<1	6
Ravenswood zinfandel	1 glass	1	132	0	<1	0	0	0	0	3	0	<1	6
Mark West Pinot Noir	1 glass	1	121	0	<1	0	0	0	0	3	0	<1	6
Rodney Strong Cabernet	1 glass	1	130	0	<1	0	0	0	0	3	0	<1	6
House Red	1 glass	1	125	0	<1	0	0	0	0	3	0	<1	6
Blackstone Pinot Noir	1 glass	1	121	0	<1	0	0	0	0	3	0	<1	6
Apothic Red Zifandel	1 glass	1	129	0	<1	0	0	0	0	3	0	<1	6
Robert Mondavi Merlot	1 glass	1	122	0	<1	0	0	0	0	3	0	<1	6
Turning Leaf Cabernet	1 glass	1	122	0	<1	0	0	0	0	3	0	<1	6
Rex Goliath Chardonnay	1 glass	1	123	0	<1	0	0	0	0	3	0	1	7
Estancia Pinot Grigio	1 glass	1	120	0	<1	0	0	0	0	3	0	1	7
Ruffino Prosecco	1 glass	1	108	0	<1	0	0	0	0	3	0	1	7
Nobilo Sauvignon Blanc	1 glass	1	120	0	<1	0	0	0	0	3	0	1	7
Simi Chardonnay	1 glass	1	122	0	<1	0	0	0	0	3	0	1	7
House White	1 glass	1	128	0	<1	0	0	0	0	4	0	1	7
Childress Vineyards Riesling	1 glass	1	118	0	<1	0	0	0	0	5	0	1	7
J. Roget Brut champagne	1 glass	1	95	0	<1	0	0	0	0	3	0	1	7
Turning Leaf Chardonnay	1 glass	1	123	0	<1	0	0	0	0	3	0	1	7
Canyon Road Moscato	1 glass	1	127	0	<1	0	0	0	0	3	0	1	7
Canyon Road white zinfandel	1 glass	1	113	0	<1	0	0	0	0	3	0	1	7
Masachio Prosecco	1 glass	1	109	0	<1	0	0	0	0	3	0	1	7

Craft Beer

Blonde/Golden Ale - 3.5% ABV	16 oz	1	140	0	2	0	0	0	0	2	<1	0	1
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Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Blonde/Golden Ale - 4% ABV	16 oz	1	160	0	2	0	0	0	0	2	<1	0	1
Blonde/Golden Ale - 4.5% ABV	16 oz	1	180	0	2	0	0	0	0	2	<1	0	1
Blonde/Golden Ale - 5% ABV	16 oz	1	200	0	2	0	0	0	0	2	<1	0	1
Blonde/Golden Ale - 5.5% ABV	16 oz	1	220	0	2	0	0	0	0	2	<1	0	1
Blonde/Golden Ale - 6% ABV	16 oz	1	240	0	2	0	0	0	0	2	<1	0	1
Blonde/Golden Ale - 6.5% ABV	16 oz	1	260	0	2	0	0	0	0	2	<1	0	1
Blonde/Golden Ale - 7% ABV	16 oz	1	280	0	2	0	0	0	0	2	<1	0	1
Red Ale - 3.5% ABV	16 oz	1	140	0	3	0	0	0	0	2	3	0	15
Red Ale - 4% ABV	16 oz	1	160	0	3	0	0	0	0	2	3	0	15
Red Ale - 4.5% ABV	16 oz	1	180	0	3	0	0	0	0	2	3	0	15
Red Ale - 5% ABV	16 oz	1	200	0	3	0	0	0	0	2	3	0	15
Red Ale - 5.5% ABV	16 oz	1	220	0	3	0	0	0	0	2	3	0	15
Red Ale - 6% ABV	16 oz	1	240	0	3	0	0	0	0	2	3	0	15
Red Ale - 6.5% ABV	16 oz	1	260	0	3	0	0	0	0	2	3	0	15
Red Ale - 7% ABV	16 oz	1	280	0	3	0	0	0	0	2	3	0	15
Brown Ale - 3.5% ABV	16 oz	1	140	0	3	0	0	0	0	2	1	0	2
Brown Ale - 4% ABV	16 oz	1	160	0	3	0	0	0	0	2	1	0	2
Brown Ale - 4.5% ABV	16 oz	1	180	0	3	0	0	0	0	2	1	0	2
Brown Ale - 5% ABV	16 oz	1	200	0	3	0	0	0	0	2	1	0	2
Brown Ale - 5.5% ABV	16 oz	1	220	0	3	0	0	0	0	2	1	0	2
Brown Ale - 6% ABV	16 oz	1	240	0	3	0	0	0	0	2	1	0	2
Brown Ale - 6.5% ABV	16 oz	1	260	0	3	0	0	0	0	2	1	0	2
Brown Ale - 7% ABV	16 oz	1	280	0	3	0	0	0	0	2	1	0	2
Pale Ale - 3.5% ABV	16 oz	1	140	0	3	0	0	0	0	2	1	0	2
Pale Ale - 4% ABV	16 oz	1	160	0	3	0	0	0	0	2	1	0	2
Pale Ale - 4.5% ABV	16 oz	1	180	0	3	0	0	0	0	2	1	0	2
Pale Ale - 5% ABV	16 oz	1	200	0	3	0	0	0	0	2	1	0	2
Pale Ale - 5.5% ABV	16 oz	1	220	0	3	0	0	0	0	2	1	0	2
Pale Ale - 6% ABV	16 oz	1	240	0	3	0	0	0	0	2	1	0	2
Pale Ale - 6.5% ABV	16 oz	1	260	0	3	0	0	0	0	2	1	0	2
Pale Ale - 7% ABV	16 oz	1	280	0	3	0	0	0	0	2	1	0	2
Pilsener - 3.5% ABV	16 oz	1	140	0	2	0	0	0	0	15	<1	0	1
Pilsener - 4% ABV	16 oz	1	160	0	2	0	0	0	0	15	<1	0	1
Pilsener - 4.5% ABV	16 oz	1	180	0	2	0	0	0	0	15	<1	0	1
Pilsener - 5% ABV	16 oz	1	200	0	2	0	0	0	0	15	<1	0	1
Pilsener - 5.5% ABV	16 oz	1	220	0	2	0	0	0	0	15	<1	0	1
Pilsener - 6% ABV	16 oz	1	240	0	2	0	0	0	0	15	<1	0	1
Pilsener - 6.5% ABV	16 oz	1	260	0	2	0	0	0	0	15	<1	0	1
Pilsener - 7% ABV	16 oz	1	280	0	2	0	0	0	0	15	<1	0	1
Kolsch - 3.5% ABV	16 oz	1	140	0	2	0	0	0	0	15	<1	0	1
Kolsch - 4% ABV	16 oz	1	160	0	2	0	0	0	0	15	<1	0	1
Kolsch - 4.5% ABV	16 oz	1	180	0	2	0	0	0	0	15	<1	0	1
Kolsch - 5% ABV	16 oz	1	200	0	2	0	0	0	0	15	<1	0	1
Kolsch - 5.5% ABV	16 oz	1	220	0	2	0	0	0	0	15	<1	0	1
Kolsch - 6% ABV	16 oz	1	240	0	2	0	0	0	0	15	<1	0	1
Kolsch - 6.5% ABV	16 oz	1	260	0	2	0	0	0	0	15	<1	0	1
Kolsch - 7% ABV	16 oz	1	280	0	2	0	0	0	0	15	<1	0	1
Light Beer - 3.5% ABV	16 oz	1	112	0	1	0	0	0	0	7	1	0	1

Item Name	Serving Size	# of Servings	Calories (kcal)	Calories from Fat (kcal)	Protein (g)	Total lipid (fat) (g)	Fatty acids, total saturated (g)	Fatty acids, total trans (g)	Cholesterol (mg)	Carbohydrate, by difference (g)	Fiber, total dietary (g)	Sugars, total (g)	Sodium, Na (mg)
Light Beer - 4% ABV	16 oz	1	128	0	1	0	0	0	0	7	1	0	1
Light Beer - 4.5% ABV	16 oz	1	144	0	1	0	0	0	0	7	1	0	1
Light Beer - 5% ABV	16 oz	1	160	0	1	0	0	0	0	7	1	0	1
Light Beer - 5.5% ABV	16 oz	1	176	0	1	0	0	0	0	7	1	0	1
IPA - 3.5% ABV	16 oz	1	140	0	2	0	0	0	0	25	<1	<1	1
IPA - 4% ABV	16 oz	1	160	0	2	0	0	0	0	25	<1	<1	1
IPA - 4.5% ABV	16 oz	1	180	0	2	0	0	0	0	25	<1	<1	1
IPA - 5% ABV	16 oz	1	200	0	2	0	0	0	0	25	<1	<1	1
IPA - 5.5% ABV	16 oz	1	220	0	2	0	0	0	0	25	<1	<1	1
IPA - 6% ABV	16 oz	1	240	0	2	0	0	0	0	25	<1	<1	1
IPA - 6.5% ABV	16 oz	1	260	0	2	0	0	0	0	25	<1	<1	1
IPA - 7% ABV	16 oz	1	280	0	2	0	0	0	0	3	<1	<1	1
Double IPA - 3.5% ABV	16 oz	1	168	0	4	0	0	0	0	3	2	<1	15
Double IPA - 4% ABV	16 oz	1	192	0	4	0	0	0	0	3	2	<1	15
Double IPA - 4.5% ABV	16 oz	1	216	0	4	0	0	0	0	3	2	<1	15
Double IPA - 5% ABV	16 oz	1	240	0	4	0	0	0	0	3	2	<1	15
Double IPA - 5.5% ABV	16 oz	1	264	0	4	0	0	0	0	3	2	<1	15
Double IPA - 6% ABV	16 oz	1	288	0	4	0	0	0	0	3	2	<1	15
Double IPA - 6.5% ABV	16 oz	1	312	0	4	0	0	0	0	3	2	<1	15
Double IPA - 7% ABV	16 oz	1	336	0	4	0	0	0	0	3	2	<1	15
Lager - 3.5% ABV	16 oz	1	140	0	2	0	0	0	0	16	<1	0	1
Lager - 4% ABV	16 oz	1	160	0	2	0	0	0	0	16	<1	0	1
Lager - 4.5% ABV	16 oz	1	180	0	2	0	0	0	0	16	<1	0	1
Lager - 5% ABV	16 oz	1	200	0	2	0	0	0	0	16	<1	0	1
Lager - 5.5% ABV	16 oz	1	220	0	2	0	0	0	0	16	<1	0	1
Lager - 6% ABV	16 oz	1	240	0	2	0	0	0	0	16	<1	0	1
Lager - 6.5% ABV	16 oz	1	260	0	2	0	0	0	0	16	<1	0	1
Lager - 7% ABV	16 oz	1	280	0	2	0	0	0	0	16	<1	0	1
Stout - 3.5% ABV	16 oz	1	168	0	3	0	0	0	0	2	3	0	15
Stout - 4% ABV	16 oz	1	192	0	3	0	0	0	0	2	3	0	15
Stout - 4.5% ABV	16 oz	1	216	0	3	0	0	0	0	2	3	0	15
Stout - 5% ABV	16 oz	1	240	0	3	0	0	0	0	2	3	0	15
Stout - 5.5% ABV	16 oz	1	264	0	3	0	0	0	0	2	3	0	15
Stout - 6% ABV	16 oz	1	288	0	3	0	0	0	0	2	3	0	15
Stout - 6.5% ABV	16 oz	1	312	0	3	0	0	0	0	2	3	0	15
Stout - 7% ABV	16 oz	1	336	0	3	0	0	0	0	2	3	0	15
Stout - 7.5% ABV	16 oz	1	360	0	3	0	0	0	0	2	3	0	15
Stout - 8% ABV	16 oz	1	384	0	3	0	0	0	0	2	3	0	15
Stout - 8.5% ABV	16 oz	1	408	0	3	0	0	0	0	2	3	0	15



ALLERGEN INFORMATION

X in box = allergen present

This info sheet and the information on it are provided as a service to our customers. Bad Daddy's Burger Bar goes to tremendous strides to identify all forms of allergens, gluten and gluten derivatives in the foods we purchase or prepare in house. However, we cannot be responsible for individual reactions to any food products or guarantee that the food we serve is free from any allergen. Our wait staff and cooks are not professionally trained on the intricacies of various allergies, Celiac Disease or gluten intolerance and cannot be expected to provide recommendations or other advice on this issue, but have taken necessary precautions to provide you with an allergen free and/or gluten-free meal and will attempt to accommodate your individual requests. This info sheet in no way should be considered medical advice. Bad Daddy's Burger Bar disclaims all responsibility related to the use of this information. If you have any questions regarding particular foods that cause allergic reactions, these should be discussed with your physician.

Item Name	Milk	Egg	Fish	Shell Fish	Tree Nuts	Peanuts	Wheat	Soy
Appetizers								
Fried Pickles	X	X					X	
Thai Wings							X	X
Buffalo Wings	X	X						
Daddys Nachos	X						X	
Bacon Queso	X						X	
Backyard Nachos	X	X					X	
Sliders	X						X	
Housemade Chips w/ Pimento	X	X	X					X
Housemade Chips w/ French Onion	X		X					X
Housemade Chips w/ Both	X	X	X					X
Truffle Fries	X	X					X	
Chili Bowl	X							
Chili Cup	X							
Sweet Fries APP	X	X					X	
French Fries APP	X	X					X	
Tater Tots	X	X					X	
Green Chile Cheese Tots*	X						X	X
Pastrami Sliders*	X						X	
Onion Rings*	X	X					X	
Salads								
Texican Salad	X	X					X	

Item Name	Milk	Egg	Fish	Shell Fish	Tree Nuts	Peanuts	Wheat	Soy
Asian Salad	X					X	X	X
Stella Salad	X							
BBQ Chick Salad	X	X					X	

Burgers

BD All American							X	
Steroid Burger	X						X	
Sam I Am	X	X			X		X	
Pittsburger	X	X					X	
Nicks Patty Melt	X	X					X	
Classic Southern Burger	X						X	
Mamas Burger	X						X	
Magic Mushroom	X	X					X	
Fried Mozzarella Burger*	X	X					X	
Western Burger*	X						X	
Wrangler Burger*	X						X	
Pastrami Burger*	X	X					X	
Steakhouse Burger*	X	X					X	
Jalapeno Popper Burger*	X						X	

Non Burgers

Buffalo Chicken- Fry	X	X					X	
Buffalo Chicken- Grilled	X	X					X	
Emilios Chicken	X	X					X	
Chicken Club	X	X					X	
Frenchie	X	X					X	
Cantina Burger	X						X	
Maui Tuna	X	X	X				X	X

Sides

French Fries	X	X					X	
Sweet Fries	X	X					X	
Tater Tots	X	X					X	
Side Fruit Cup								
Side Slaw	X	X						
Side Chips							X	
Gluten Free Chips								

Desserts

Banana Pudding	X	X					X	
Peanut Butter Pie	X	X				X	X	

Item Name	Milk	Egg	Fish	Shell Fish	Tree Nuts	Peanuts	Wheat	Soy
S'mores							X	

Milkshakes

Chocolate	X	X						
Vanilla	X	X						
Strawberry	X	X						
Chunk Elvis	X	X			X			
BD Snickered	X	X				X		
Cookies and Cream	X	X					X	
PB&J	X	X				X	X	

Kids Menu

Kid Bag Chips								
Kid Cheese Slider	X						X	
Kid Chicken Tenders	X						X	
Kid Fries	X	X					X	
Kid Fruit								
Kid Gluten Free Chips								
Kid Grill Cheese Sandwich	X						X	
Kid Hot Dog	X						X	
Kid Onion Rings	X	X					X	
Kid Slaw	X	X						
Kid Soft Serve Ice Cream	X	X						
Kid Sweet Potato Fries	X	X					X	
Kid Tots	X	X					X	